

EL MANA RESTAURANTE & TAQUERIA



Open Mon, Wed, Thu - 10:00am to 9:00pm

Tuesday - Closed

Fri & Sat - 10:00am to 10:00pm

Sunday - 10:00am to 9:00pm

10400 W. Fullerton Melrose Park, IL 60164

Tel. (847) 288-0616

DESAYUNOS / BREAKFAST

(servido todo el día / served all day)

(ALL EGGS ARE SERVED WITH RICE, BEANS)

HUEVOS RANCHEROS

Eggs covered in mild ranchero salsa \$9.99

HUEVOS A LA MEXICANA

Scrambled eggs served with jalapeno pepper, onion and tomato \$9.99

HUEVOS CON CHORIZO

Home-made styled eggs served with our in house chorizo \$9.99

HUEVOS CON JAMON

Scrambled eggs served with Ham \$9.99

HUEVOS ESTRELLADOS

Fried eggs served with rice and beans \$9.99

CHILAQUILES EN SALSA VERDE O ROJA

Chilaquiles in green or red salsa, served with rice, beans
and eggs, can add steak \$9.99 / \$14.99

APPETIZERS / APERITIVOS

NACHOS

Served with beans, cheese, avocado, lettuce, tomato and sour cream,
can add steak \$9.99 / \$13.99

GUACAMOLE

Small, medium, or large (price may vary) \$5.99 / \$7.99 / \$9.99

QUESO FUNDIDO

Melted cheese with our in house chorizo \$9.99

SIDE ORDERS

ARROZ / RICE \$3.00

FRIJOLES / BEANS \$2.50

CHIPS \$3.50

SALSA \$1.50

NOPALES / GRILLED CACTUS \$3.50

PAPAS FRITAS / FRENCH FRIES \$3.50



* Prices are subject to change

CARNE ASADA



EL MANA SALAD



CHICKEN IN MOLE



MOJARRA FRITA



FAJITAS COMBO



7 MARES SOUP



VEGGIE HUARACHE



FLAUTAS DINNER



Platillos / Dinners

MANA CARNE ASADA TAMPIQUENA (HOUSE SPECIALTY)

Grilled skirt steak served with one enchilada, salad, rice, beans, cactus, and grilled onion bulbs \$22.99

FAJITAS DE REZ, CAMARON O DE POLLO

Grilled skirt steak, shrimp, or chicken served with tomatoes, bell peppers, and onions \$17.99

FAJITAS COMBO

Grilled skirt steak, chicken and shrimp served with tomatoes, bell peppers, and onions \$16.99

BISTEC A LA MEXICANA

Tender beef steak seasoned with tomatoes, onions and jalapenos. Served with rice and beans \$13.99

MILANESA COMBO

Breaded steak or chicken served with french fries, lettuce, and tomatoes \$12.99

CHILES RELLENOS

Two Poblano peppers stuffed with cheese, served with rice and beans \$16.99

MOLE

Two chicken drumsticks served in Mole with rice \$16.99

CHILAQUILES CON CARNE ASADA Y HUEVOS

Soft corn tortillas topped with green or red salsa and cheese, served with steak and eggs \$14.99

TACONADA DINNER

Three tacos served with your choice of meat, rice, beans, grilled cactus, and grilled onions \$14.99

TORTA DINNER

A traditional Mexican Sandwich with your choice of meat, served with rice and beans \$13.99

FLAUTA DINNER

Three crispy rolled tortillas filled with chicken or steak, served alongside avocado, tomato, lettuce cheese and sour cream. Served with a side of rice and beans \$13.99

ENCHILADAS SUIZAS

Three rolled chicken or cheese tortillas topped with Chihuahua cheese, rice, beans lettuce, and your choice of green or red salsa \$14.99

ENCHILADAS DINNER

3 Rolled chicken or cheese tortillas topped with Chihuahua cheese, rice, beans, lettuce and your choice of red or green salsa \$14.99

MANA SALAD

Chicken, steak, shrimp mixed with seasoned vegetables (broccoli, zucchini, mushrooms, cactus, bell peppers, cactus, and onion) \$16.99

TACO DINNER

Three tacos of your choice, served with rice and beans \$13.99

ESPECIALIDADES / HOUSE SPECIALS

CHOICE OF MEATS

Chorizo | Mexican Sausage

Asada | Skirt Steak

Pollo | Chicken

Pastor | Marinated Pork

Barbacoa | Steamed
Beef

Camarón | Shrimp

Lengua | Beef Tongue

Chicharron En Salsa Verde | Pork Rind
in Green Salsa

Alambre | Cheese, Bell Pepper, Steak
Onion

Tripa | Tripe

*Vegetarian option: Broccoli, Zucchini, Bell Pepper, Onion, Cactus, Mushrooms

QUESADILLAS / QUESO O CON CARNE

Cheese quesadillas in flour tortillas \$5.99, with meat \$9.99

HUARACHES CON CARNE

Soft flat corn tortilla spread with beans, meat, sour cream,
cheese, tomato and lettuce \$10.99

TORTAS

The traditional Mexican sandwich served with beans,
lettuce, tomatoes, cheese and sour cream

\$9.99

SOPES

Soft flat open tortilla, spread with beans, cheese, tomatoes,
lettuce, and sour cream; with your choice of meat

\$5.00

GORDITAS

Corn masa shell filled with beans; with your choice of meat

\$5.00

TOSTADAS

A crispy flat tortilla served with beans, lettuce, tomato, cheese
and sour cream. Topped with your choice of meat

\$5.00 / Shrimp \$6.00

TACOS

Soft shell corn or flour tortilla tacos served with your choice of meat and toppings

Pollo, Pastor, Barbacoa, Chorizo, Chicharron

\$3.25

Asada, Veggie

\$3.75

Shrimp, Alambre, Lengua, Tripas,

\$4.00

EL MANA BOWL

Bowl with rice, beans and your choice of
meat / toppings \$14.99

BURRITOS

Your choice of meat, beans, lettuce, cheese, tomato, and
sourcream wrapped in a flour tortilla \$9.99

TORTA



BURRITO



*Prices are subject to change

PUPUSAS

CHICHARRON, QUESO, ASADA, CHORIZO, REVUELTAS,
MIXED, LOROCO \$5.25



CALDOS

CALDO DE POLLO / CHICKEN SOUP \$9.99
CALDO DE BARBACOA / STEAMED BEEF \$12.99
CARNE EN SU JUGO / STEAK AND BEANS SOUP \$13.99
CALDO DE CAMARON / SHRIMP \$16.99
CALDO DE REZ / BEEF \$12.99
MENUDO / TRIPE BROTH \$11.99
CALDO 7 MARES / 7 SEAS SOUP \$22.00

CALDO DE BARBACOA



MENUDO



CHILDREN'S MENU

HAMBURGER

Served with lettuce, onions, tomatoes and French fries \$9.99

CHICKEN TENDERS

Served with honey mustard or barbecue sauce \$9.99

CHICKEN WINGS

Served with French fries \$9.99

MINI BURRITO

Served with your choice of meats or veggie \$5.99

Mariscos / Seafood

PINA RELLENA

Pineapple filled with chopped mushrooms, octopus, shrimp, crab, and melted cheese. Served with rice, french fries, garlic bread, avocado, tomato, and onion. \$22.00



CAMARONES CUCARACHA

Shrimp marinated in spicy homemade sauce, sliced onion, and cucumber..... \$22.00



CAMARONES A LA DIABLA

Shrimp cooked in spicy devil sauce, Served with rice and salad .. \$16.99

CAMARONES AL MOJO DE AJO

Grilled shrimp cooked with our in house garlic sauce. Served with rice and salad \$16.99



CAMARONES EMPANIZADOS

Breaded shrimp served with rice, salad, and french fries..... \$15.99

CAMARONES A LA PLANCHA

Jumbo shrimp pan-grilled style, served with rice and salad..... \$16.99



LEVANTA MUERTOS

Shrimp, calamari, mussels, scallops, crab leg, imitation crab. All cooked with our homemade seafood sauce \$24.99



MOLCAJETE

Fish fillet, shrimp, crab legs, mussels, calamari, scallops and octopus topped with our homemade seafood sauce \$32.00



PARRILLADA TRIPLE C

Rice, beans, cheese, skirt steak, grilled chicken breast, mexican sausage, jumbo shrimp, grilled onions, bulbs, cactus, and jalapenos. Feeds 4 \$75.00

LANGOSTINOS

Pan-grilled fresh water prawns cooked in our in homemade sauce and seasoning. Served with rice and salad \$24.00

Mariscos / Seafood

COCTEL DE CAMARON

Shrimp cocktail \$15.00

COCTEL DE CAMARON Y PULPO

Shrimp and octopus cocktail \$20.00

COCTEL DE CAMARON, PULPO Y OSTION

Shrimp, octopus and oyster cocktail \$24.00

ENSALADA DE CAMARON

Shrimp Salad \$16.99

TOSTADA DE CEVICHE, CAMARON O PULPO

Crispy flat tortilla with your choice of shrimp ceviche or octopus ceviche \$6.00



BEBIDAS / DRINKS

SODA

Coke bottled / canned, Jarritos, Sangria, Sidral Mundet, Topochico, Crush, Sprite, Squirt

AGUAS FRESCAS

Horchata, Tamarindo, Jamaica

CERVEZAS / BEERS

Corona, Negra Modelo, Modelo, Victoria, Pacifico, Heineken, Bud Light

MIXED DRINKS

Margaritas , Michelada, Pina Colada , Tequila Shots, Cantaritos

